

SPECIAL SERVICES

Private Instruction [\[Try it by the pool\]](#)

Stretch out and stay fit during a private or group session of Laughter Yoga, Pilates, Personal Training, Tai Chi and more.

60-75 min ~ **\$95** Four + ~ add **\$10** for each person

Chair Massage [\[Try it by the pool\]](#)

Enhance your meeting or special event with refreshing on-site chair massage. A few minutes on the head, neck, and shoulders and your guests will be motivated and grateful!

Be Well™ Spa Parties [\[Try it by the pool\]](#)

The hottest way to entertain is a Be Well Spa Party from The Luxe Spa. We create customized elegant spa parties including spa treatments, catering, and private instruction. A Be Well Spa Party lets your guests unwind in a beautifully healing space and provides a totally unique experience for birthdays, Bat Mitzvahs, bridal showers and client appreciation. Your party can include yoga, meditation, a Fusion Dance or hoop dancing class, massage, and whatever you can imagine.

FITNESS AND SPA PACKAGES

Packages do not include gratuity.

Purchase any five massages, facials, or private instruction sessions and receive a 60 minute treatment of your choice, complimentary.

Train and Relax

2 personal training sessions and one Be Well Massage
3 hours ~ **\$285**

Men's Fitness

Gentlemen's Facial, Sports Massage
Approximately 2 1/4 hours ~ **\$195**

Harmony

Two 90 Minute Be Well Massages with Herbal Foot Care and lunch for two by the pool, in the Luxe Restaurant or in your room.

Approximately 1 1/2 hours ~ **\$325** for two

Be Well

Be Well Massage and Be Well Facial
Approximately 2 1/4 hours ~ **\$195**

Deluxe

Lower Leg and Feet Treat, River Rock Massage, Be Well Facial

Approximately 3 1/2 hours ~ **\$365**

Ultimate

Ultimate Wrap and Ultimate Facial

Approximately 4 1/4 hours ~ **\$395**

Services

To ensure a memorable experience, please make your reservations well in advance. Services can be received from 9 am to 9 pm, seven days per week. We do our best to accommodate requests for services outside of these hours. Services beginning before 9 am or extending past 9:30 pm incur an extra \$15 service fee. In-room services incur an extra \$25 per Practitioner.

Reservations

All services require a reservation. Reservations for services can be made during Office Hours, which are 10 am to 7 pm, seven days per week. For reservations or information, please contact the Spa Director directly between the hours of 10 am and 7 pm.

Cancellation Policy

If you must cancel or change your service, Luxe Spa requires four Office Hours notice (Office Hours are 10 am to 7 pm). Any changes or cancellations made within four Office Hours of the reservation result in a full charge for the services changed or cancelled. Luxe Spa strictly adheres to our cancellation policy.

Gift Certificates

Gift Certificates are available as an ideal gift year-round for any special occasion. Telephone and mail orders are available for products and services.

Maximizing Your Spa Experience

Please arrive 5-10 minutes prior to your treatment to allow time to check in. Arriving late for your service will deprive you of valuable treatment time. To avoid delaying the next guest, your treatment will end on time regardless of how late you begin.



www.luxehotelspa.com

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Managed by Be Well Incorporated

for
her



for
him

for
you

indulge
delight
rejuvenate

LUXE SPA

AT LUXE HOTEL

310.691.7550

The warmth and
Luxury of
Luxe Spa awaits you.

Let our experienced and passionate staff pamper you with an array of revitalizing treatments. Take a moment to savor a relaxing massage, a soothing facial or indulge in a sumptuous spa package.

Make time for yourself at Luxe Spa, you deserve it. After all, wellness is a state of being. We look forward to serving you.



BODY WORK

Be Well™ Massage

Skillful hands help you restore balance and vitality with a customized blend of techniques, especially Swedish and Deep Tissue. Choose a soothing gentle pressure or relieve painful knots with deep massage work. Please communicate clearly with your Practitioner the level of pressure desired.

60 min ~ **\$110** 90 min ~ **\$150** 120 min ~ **\$200**

River Rock Massage

Balance and open the body's energy centers with the penetrating heat of warm stones. Melt away tension and stress by combining this treatment with optional deep tissue massage work.

90 min ~ **\$190** 120 min ~ **\$250**

Reflexology [\[Try it by the pool\]](#)

An ancient Egyptian method of unblocking energy meridians in your whole body through acupressure massage on special points on your feet and hands. Balance every organ and gland in your system with this very therapeutic and relaxing technique.

60 min ~ **\$110**

Include your ears and face ~ 90 min ~ **\$150**

Prenatal Massage

This is an excellent way to connect with your baby while our trained Practitioners relieve the added pressure on your back and legs. We use the sideline method.

60 min ~ **\$120** 90 min ~ **\$160**

Thai Massage

This traditional form of Asian body work incorporates rhythmic massage, stretching, acupressure, energy balancing and deep breathing. This treatment may be adapted for the massage table.

60 min ~ **\$110** 90 min ~ **\$155** 120 min ~ **\$200**

Lymphatic Massage

This modality uses specific gentle strokes along the lymphatic system that enhance the immune system and reduce edema, local puffiness and scar tissue.

60 min ~ **\$110** 90 min ~ **\$155** 120 min ~ **\$200**

Energy Work

We offer several unique and powerful body-mind therapies designed for your personal needs including, but not limited to: Reiki, Matrix, and Polarity. Please ask about the style you like best if it is not listed here.

60 min ~ **\$100** 90 min ~ **\$145** 120 min ~ **\$190**

We offer a variety of energy and body work techniques by request. If you are interested in a modality not listed, please ask.

ADD ON TO ANY TREATMENT

Herbal Foot Care

Cool, soothe and smooth worn out feet with an application of a moisturizing cream containing aloe, menthol, thyme and arnica.

Add ~ **\$5**

Aromatherapy Oils

A blend of therapeutic, essential oils will lift your spirits while your body reaps the health benefits.

Add ~ **\$5**

BODY TREATMENTS

Body Polish

The skin is the principle organ of your body. Dry brushing improves your skin's condition by increasing circulation and activating intrinsic moisturizers. Full body exfoliation is followed by an application of body serum and then a sixty or ninety minute Be Well Massage with aromatherapy oils.

90 min Body Polish ~ **\$175** 120 min Body Polish ~ **\$220**

Enwrapture

Warm linens envelop your body as you soak in therapeutic oil. After a deeply calming rest your muscles are warm and prepared to receive a sixty or ninety minute full body Be Well™ Massage.

90 min Enwrapture ~ **\$175** 120 min Enwrapture ~ **\$220**

The Ultimate Wrap

This divine treatment includes the best of everything! Your skin is treated to a thorough dry brush exfoliation and application of body serum. Next, warm herbally infused oils are applied to your whole body. Then you are swaddled in warm linens and melt into the heat while your Practitioner massages your feet and head for thirty minutes. A sixty or ninety minute full body Be Well™ Massage completes this amazing experience.

120 min Ultimate Wrap ~ **\$230** 150 min Ultimate Wrap ~ **\$275**

SKIN CARE

Be Well™ Facial

This classic facial includes deep cleansing, gentle exfoliation and clarifying masques using botanically based products. Detoxify your face and repair blemished pores while encouraging your skin to remain healthy and vibrant. We customize this treatment for many skin types, including mature and acneic skin.

60 min ~ **\$100**

Gentlemen's Facial

Keep your skin young and fit! We've tailored a facial for a man's skin, complete with exfoliation, moisturization and protection against irritation from shaving.

60 min ~ **\$100**

Back Facial

Rest assured your skin will glow after this marvelous treatment. Deep cleansing, exfoliation and moisturizers refresh your back and shoulders.

60 min ~ **\$125**

The Ultimate Facial

We marry the deep cleansing of the Be Well Facial with the purifying effects of an extra masque suited for your skin. Includes a hand and foot massage and an extra half hour of pampering to make your shoulders, neck and face feel and look fabulous!

90 min ~ **\$135**

Dr. Schrammek's Green Peel

The Green Peel is a scientifically developed skin regeneration treatment with a compound of natural herbs without any chemical additives. It has been recognized world-wide as a highly safe and successful, non-medical procedure. It increases the blood circulation of the skin and causes the upper epidermal layers to peel off. This is a remedy for acne, wrinkles, scars, hyper-pigmentation and stretch marks anywhere on the body.

Mini Green Peel ~ Use as often as every two weeks ~ **\$210**

Major Green Peel ~ A deeper peel for smoother, firmer skin ~ **\$475**

Add On to a Facial or Peel

Eyelash tinting ~ **\$40**

Semi-permanent lash extensions ~ **\$150+**

Eyebrow tinting ~ **\$30**

ADDITIONAL DELIGHTS

Mix and match these treatments or add to another service.

One hour minimum required per person.

Fresh Face Massage [\[Try it by the pool\]](#)

This amazing non-surgical face lift accesses your body's ability to retain firm, glowing skin through massage of special acupressure pressure points on the face and neck. Includes a warm towel steam and an anti-aging crème.

15 min ~ **\$35** 30 min ~ **\$60**

Hot Oil Head and Neck Treatment [\[Try it by the pool\]](#)

A warm, luxurious formula including wheat germ, geranium, and jojoba oils is dripped onto your hairline. A detailed massage follows, nourishing and relaxing the scalp and neck muscles. This is a great way to ease your mind at the end of a busy day.

15 min ~ **\$35** 30 min ~ **\$60**

Lower Leg and Feet Treat [\[Try it by the pool\]](#)

Soak in a warm restorative mineral bath of your choice and then enjoy an exfoliating scrub and detailed massage of your feet, calves and knees. Excellent for relief of aching feet and legs.

45 min ~ **\$85**

Express Massage

Focus on a specific area of your body for relief of pain and strain. Choose from Reflexology or the Be Well™ Massage and please communicate clearly with your Practitioner the level of pressure desired.

30 min ~ **\$75**

Paraffin and Massage

Give your hands and feet a little extra attention with a warm paraffin treatment and detailed massage. You can add this to bodywork, skin care or nail care.

15 min ~ **\$35 each**

WAXING

Please choose at least 60 minutes of waxing services per person or add on to a facial.

Service	Minutes	Price
Eyebrow Threading	10	\$25
Eyebrow Tweezing	10	\$25
Lip	10	\$20
Chin	10	\$20
Cheek	10	\$20
Eyebrow	15	\$25
Full Face	45	\$55
Half Arm	15	\$25
Full Arm	25	\$40
Bikini	30	\$45
Half leg	30	\$45
Back	45	\$70
Chest	45	\$65
Full Leg (can include bikini)	60	\$130

HAIR AND MAKE UP

Professional make-up and hair styling can be arranged upon request and performed in your guest room. Make-up and hair styling lessons are available as well.

NAIL CARE

The Basic

Natural nail and cuticle care with polish.

30 min ~ Manicure ~ **\$30** Pedicure ~ **\$45**

The Ultimate

Complete with a scrub and extended massage and paraffin for hands.

45 min ~ Manicure ~ **\$45** Pedicure ~ **\$60**

French Manicure or Pedicure ~ add **\$10**